



**RSL**  
**NSW**

## Forestville sub-Branch

Australia My Country



### NEWSLETTER

*Serving veterans and their families in the Forest Area*

**AUGUST, 2024**

Contact editor via email: [newsletter@forestvillersl.org.au](mailto:newsletter@forestvillersl.org.au) or via post: 22 Melwood Ave, Forestville, NSW 2087



### VALE TED SAMOJLOWICZ

sub-Branch Treasurer

We have been deeply saddened by the passing of our sub-Branch Treasurer, Ted Samojlowicz, in Centinela Hospital Medical Centre, Inglewood, California, on 5<sup>th</sup> July Sydney time.

Ted and his wife, Kryz, had been on holidays in the USA since late May, with Ted visiting the grave of his mother in upstate New York for the first time. On their way home in late June, heading for Los Angeles Airport for their flight to Sydney, Ted collapsed and was immediately transported to hospital by ambulance. Ted was diagnosed with severe pneumonia and a kidney infection. Two days before his passing, he had shown some improvement, then his health deteriorated and he passed away, with Kryz and his family members there with him.

Ted was an outstanding sub-Branch Treasurer, a Vietnam Veteran, a retired CFO, a contributor to the RSL NSW Written Directions Framework and Standard Operating Procedures, an Auditor/ Reviewer of many of our Northern Beaches District Council RSL NSW sub-Branches, and a volunteer supporter of many community groups on the Northern Beaches and elsewhere. He will be sadly missed by all of us. Please keep Kryz and their family in your thoughts and prayers.

Bob Lunnon, President

### What's On

**General Meeting**  
Wednesday 7<sup>th</sup> August  
7.30 pm

**Bill Hardman Presentation**  
Wednesday 4<sup>th</sup> September  
7.30 pm



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### PRESIDENT'S REPORT

As President of Northern Beaches District Council, I attend quarterly meetings of the District President's Council (DPC) at ANZAC House in Sydney. In May, we approved nominations for inclusion in the RSL NSW Veterans Support Fund for 2025, subject to approval by the RSL NSW Board, to be announced by 1<sup>st</sup> August 2024. Our sub-Branch had previously nominated Saltwater Veterans Sailing Project for inclusion in VSF 2024, which resulted in donations by 30<sup>th</sup> June 2024 from RSL sub-Branches in NSW totalling \$69,279. As part of the RSL NSW Sport and Recreation program, Saltwater Veterans is now providing sailing activities for veterans in Port Macquarie, Newcastle, Gosford, Sydney Harbour and Jervis Bay. Members of our sub-Branch are regularly participating in these Sydney Harbour sailing activities. Ticket sales for our Commemoration Luncheon on Sunday 18<sup>th</sup> August have been bubbling along. At this luncheon, we are remembering wars and conflicts which are commemorated over the period of July, August and September. These now include a Middle East Area of Operations (MEAO) commemoration which will occur annually on 11<sup>th</sup> July. Booking, payment (EFTPOS is available) and cancellation details for the luncheon are included in this newsletter. Please book soon if you have not already done so, the cut-off is Thursday 15<sup>th</sup> August. Cancellations are non-refundable after Thursday 15<sup>th</sup> August.

As part of the RSL NSW Strategic Plan 2021/2026, and specifically the Sport and Recreation program, we regularly publish details in each newsletter of our monthly Walking Groups on the third Wednesday, our Exercise Physiology classes on the second and fourth Thursday of each month and the bi-monthly Bill Hardman Presentations. Your participation is encouraged, all costs are covered by our sub-Branch, with your health and wellbeing in mind at all times.

As always, your welfare and wellbeing are our main concern, so please call if you need assistance. And stay rugged up during the winter months still upon us.

***The Price of Liberty is Eternal Vigilance***

## Membership

Membership totals: **378** (plus 6 Honorary members)

Sadly we have lost the following members:

PARKES	Barry Charles	ARMY
WARDROP	Warwick Charles	ARMY
SAMOJLOWICZ	Tadeusz (Ted)	ARMY
MALLIGAN OAM	Brian Kenneth	AFFILIATE

## Our Cenotaph and Memorial Gardens

### MEMORIAL PAVERS

#### Prepaid Pavers:

Members are reminded that you can order and prepay your own paver at any time if you wish.

**Please note: Orders for pavers are now being taken for Remembrance Day**

Cost for pavers for sub-Branch members is \$35

## IMPORTANT MEMBERSHIP INFORMATION

For all Membership enquiries please get in touch with our Membership Officer: [membership@forestvillersl.org.au](mailto:membership@forestvillersl.org.au)

For any **Changes to Membership** details please see following:

**It is your responsibility to ensure your NOK contact details are correct and up to date. We therefore ask that you constantly ensure our Membership Officer is always aware of both your primary NOK contact details (eg your partner), as well as your secondary NOK contact details (eg a family member such as a son or daughter), are always correct.**

All changes should be advised to our Membership Officer via phone **9451 1221** or email : [membership@forestvillersl.org.au](mailto:membership@forestvillersl.org.au) including if you wish to rescind your membership for any reason.

## EXERCISE PHYSIOLOGY CLASSES



As part of our sub-Branch support of our members under the RSL NSW Sport & Recreation program, we have introduced exercise physiology classes for our members and families. **It is a twice-monthly class held in the Forestville RSL Club's Flight Deck Room funded by our sub-Branch, on the second and fourth Thursday of each month. Our next classes will be held at 2.30pm on Thursday 8<sup>th</sup> August, and then 2.30pm on Thursday 22<sup>nd</sup> August.** Our instructor/s are from Rebound Health who already provide DVA physiology services across the Northern Beaches. While our emphasis will be on balance, there are also Heart Health program events available to members. While this is open to members and family, you **MUST register** by calling our sub-Branch Assistant Secretary, Kevin Leary, at the office during office hours on 9451 1221), or email: [asstsecretary@forestvillersl.org.au](mailto:asstsecretary@forestvillersl.org.au). Let us stay upright!

## Forestville RSL Auxiliary MEAT RAFFLE

Friday 23<sup>rd</sup> August 2024

**FORESTVILLE RSL CLUB**

Our Forestville RSL Auxiliary is conducting the Meat Raffle at the Forestville RSL Club on Friday 23<sup>rd</sup> August from 5.30pm. We encourage you to bring friends and family to have dinner in the Club. **Meat Raffle tickets are \$5 for 50 chances, and multiples thereof.**

Our RSL Auxiliary members will be at our General Meeting on Wednesday 7<sup>th</sup> August taking pre-sales orders for tickets, EFTPOS is available. Purchasing pre-sale Meat Raffle tickets means that you do not have to physically be present in the Club on 23<sup>rd</sup> August to win. If you do win, you will be contacted on the night by our RSL Auxiliary members to arrange delivery/pick-up of your raffle prize.

**Our sub-Branch members continue to be winners - 8 in July! Funds raised support veterans and their families.**

## RSL AUXILIARY

HO HO HO!! MERRY CHRISTMAS!! **Christmas in July** was the theme for our July meeting. Santas, Elves and Santa Helpers shared a fun-filled afternoon, with a Christmas Song Quiz, lots of cheating was witnessed with everyone trying to win the coveted 1<sup>st</sup> prize, followed by the opening of our weird and wonderful fun gifts hidden under the Christmas Tree. On leaving, all received a gift-wrapped slice of Christmas Cake.

Our next meeting is on 5<sup>th</sup> August at 1.00pm. Following our Light Lunch, Neil Phelan, our Guest Speaker, will talk on the sinking of the "Costa Concordia". **Please feel free to invite any friends along at 2pm to listen to our Guest Speaker. There will be no cost for visitors coming to the talk.**

To assist with catering, bookings/cancellations are to be made with Barbara Norton: mobile 0414 415 332, or email: [barian@optusnet.com.au](mailto:barian@optusnet.com.au). Cut-off date is Wednesday, 31<sup>st</sup> July at 5.00pm.

**Would you like to be a member of our RSL Auxiliary to help with fundraising for Veterans and their Families in need? Ring Barbara Norton, contact details are above.**

## Forestville sub-Branch

### WALKING GROUP

Our next Walking Group activity will be on Wednesday 21<sup>st</sup> August 2024 at 9.45am for 10am from the Club followed by morning tea/coffee hosted by the sub-Branch. All sub-Branch members and partners, and dogs on a leash, are encouraged to join us for a gentle walk, as part of RSL NSW Sport and Recreation activities. We look forward to seeing you, in support of our individual wellbeing, health and camaraderie.

AS PART OF THE RSL NSW STRATEGIC PLAN 2021/2026  
RSL NSW SPORT AND RECREATION ACTIVITIES FOR SUB-BRANCH MEMBERS

## Northern Beaches District Council VIETNAM VETERANS DAY RSL COMMEMORATIVE SERVICES 51<sup>st</sup> Anniversary of the End of the Vietnam War

- \* War Vets Village, Narrabeen - 2pm, Sunday 18<sup>th</sup> August 2024
- \* Palm Beach - 10.30am, Sunday 18<sup>th</sup> August 2024
- \* Collaroy Beach - 10.45am -11.05am, Sunday 18<sup>th</sup> August 2024

The service at War Vets Village will be held in the Chapel adjacent to the Gallipoli building, Edmondson Drive. Form-up for the march at Palm Beach is at 10.30am at Iluka Road, Palm Beach, with the march-off at 10.45am to Club Palm Beach (street closures will apply). A pipe band will lead the march, followed by Vietnam Veterans and then other sub-Branch members. The service commences at 11am in front of the Club. The wreath-laying ceremony at Collaroy Beach Memorial Park will be from 10.45am to 11.05am.



## COMMEMORATION FUNDRAISING LUNCHEON

Sunday 18<sup>th</sup> August 2024  
Forest Room, Forestville RSL Club

*subsidised for sub-Branch members and partners only*

**REMEMBERING THE WARS AND CAMPAIGNS  
COMMEMORATED IN THE JULY TO SEPTEMBER PERIOD  
NOW INCLUDING THE MIDDLE EAST AREA OF OPERATIONS  
(MEAO) COMMEMORATION HELD ANNUALLY ON 11<sup>th</sup> JULY**

- Time:** The Luncheon will commence at 12 noon, with the doors opening at 11:30am, and no access prior to 11.30am.
- Tickets:** On sale from 10.30am from the sub-Branch office on Monday and Thursday mornings only. Please provide mobile phone number when paying.
- Cost:** \$50.00 per person, which is subsidised by the sub-Branch, by cash, and EFTPOS is also available (Tap & Go).
- Menu:** A two-course meal will be served with alternates on each course, with refreshments.
- Dress:** Smart casual.
- Entertainment:** Lionel Robinson (Pianist, Vocals).
- Raffle:** RSL Auxiliary fundraising raffle, please be prepared with cash, and EFTPOS is also available.
- Club Bus:** The Club bus will not be available.
- Cancellations:** Please note that there will be no refunds on cancellations received on or after Thursday 15<sup>th</sup> August.
- Contact:** Kevin Leary, Assistant Secretary, at email: [asstsecretary@forestvillersl.org.au](mailto:asstsecretary@forestvillersl.org.au) or phone: 94511221.

Guest Speaker  
Forestville RSL sub-Branch  
General Meeting 3rd July 2024

### Greg Mullins AO, AFSM

Greg Mullins AO, AFSM is an Australian firefighter. He is a former Commissioner of Fire and Rescue New South Wales, a Climate Councillor with the Climate Council, a founding member of Emergency Leaders for Climate Action, and Chair of the Ambulance Board. We were blessed to have Greg deliver the first of our Bill Hardman Presentations. The next Bill Hardman Presentation will be on 4<sup>th</sup> September, see Dates to Remember in 2024.



### Forestville RSL sub-Branch COMMITTEE POSITIONS AVAILABLE

Our sub-Branch is seeking nominations for the following two Committee positions, available immediately:

**TREASURER:** experience in bookkeeping and data entry in MYOB, also reporting requirements for RSL NSW and BAS, and other duties as required.

**VICE-PRESIDENT:** acting as Second Vice President in the absence of the President, including other tasks and duties as required.

Nomination forms are available from the sub-Branch office, on office days.

### THE BILL HARDMAN PRESENTATIONS

The Bill Hardman Presentations are an initiative of the Forestville RSL sub-Branch Committee as part of the RSL NSW Sports and Recreation Program.

**The Name.** The presentation series is named in honour of the late **Bill Hardman OAM**, a long-serving President of the Forestville RSL sub-Branch from 2004 to 2017. He was also President of Northern Beaches District Council of RSL NSW sub-Branches, an RSL NSW State Councillor, and served on the Executive of RSL NSW as Treasurer.

**Topic.** The topic and speaker are selected by the Executive Committee of the sub-Branch with the coordinator's role being the responsibility of the Vice President. There is no precise topic or theme to be followed, only that the presentations focus on current affairs, health, safety and general interest items, with the exception of politics.

**Timings.** The presentations are conducted five times a year on the first Wednesday of each second month: March, May, July, September and November. Our sub-Branch General Meetings will be held every other month. The presentations, and General Meetings, will take place in the Forest Room of the Forestville RSL Club, commencing at 7.30pm.

**Format.** The talks, which are open to all RSL members and ADF veterans, are delivered immediately after the Acknowledgement of the Fallen. Each speaker will have a 50-minute time slot allocated to them, which includes question time. At the conclusion of each presentation and after the vote of thanks, there will be our customary Door Prizes followed by the Ode. After the Ode, supper and refreshments will be served.



#### Computer scams are on the rise!

Beware of scammers and scams that can trick you into making costly mistakes. Keep up to date by visiting:

[www.scamwatch.gov.au](http://www.scamwatch.gov.au)

## Dates to Remember in 2024 (Subject to change)

Wednesday 7 <sup>th</sup> August 2024	*	7.30pm General Meeting
Sunday 18 <sup>th</sup> August 2024	*	11.30am for 12noon <b>Commemoration Fundraising Luncheon</b>
Wednesday 4 <sup>th</sup> September 2024	*	7.30pm <b>The Bill Hardman Presentations</b>
Wednesday 2 <sup>nd</sup> October 2024	*	7.30pm General Meeting
Wednesday 6 <sup>th</sup> November 2024	*	7.30pm <b>The Bill Hardman Presentations</b>
Monday 11 <sup>th</sup> November 2024	*	10.30am <b>Remembrance Day Service</b>
Sunday 1 <sup>st</sup> December 2024	*	11.30am for 12noon <b>Christmas Fundraising Luncheon</b>
Wednesday 4 <sup>th</sup> December 2024	*	7.30pm General Meeting
Monday 16 <sup>th</sup> December 2024	*	Office closed for Christmas Break



### Merchant Navy Day Memorial Service Date: Tuesday 3<sup>rd</sup> September 2024

Time: 11 am

**Place:** The Main Hall, Mosman Art Gallery, 1 Art Gallery Way, Mosman, adjacent to the War Memorial and Allan Border Oval behind the Council Chambers at Spit Junction.

All are welcome to lay a wreath/tribute following the official wreath laying. Please notify Merrill Barker, M.N. Chapter Coordinator, so the name can be added to the list, **no later than 26<sup>th</sup> August.**

**RSVP Address:** Merchant Navy Chapter, PO Box 6159, Narrabeena, NSW 2099 **or Email:** [mnchapter@forestvillersl.org.au](mailto:mnchapter@forestvillersl.org.au) **Mobile: 0433 934 705.**

### Special Request to Members

Sending monthly newsletters to you electronically by email will help us to be more sustainable, save time and reduce our mailing costs.

Please advise your email address details to us at:

[membership@forestvillersl.org.au](mailto:membership@forestvillersl.org.au)

**If you do not have an email address, you could have a family member or neighbour receive your newsletter by email and pass it onto you.**

## August Significant Anniversaries

August is noteworthy for the following significant date:

- 4<sup>th</sup> August 1914 – War between Britain and Germany declared
- 5<sup>th</sup> August 1944 – Attempted breakout of Japanese POWs at Cowra
- 5<sup>th</sup> August 1944 – PTE R. Jones, GC at Cowra POW Camp
- 5<sup>th</sup> August 1918 – PTE B.G. Hardy, GC at Cowra POW Camp
- 10<sup>th</sup> August 1919 – CPL A.P. Sullivan, VC at Shieka River, Russia
- 20<sup>th</sup> August 1969 – 1 Aust. Task Force concludes ops at Dat Do Village, South Vietnam
- 29<sup>th</sup> August 1919 – SGT S.G. Pearse, VC at Emsta, Russia

*“And the world is a little poorer, for a soldier died today”  
...Lest We Forget...*



## sub-Branch Office

Office - Phone (02) 9451 1221  
Hours:  
Monday 0900 - 1200 / 1245 - 1400  
Thursday: 0900 - 1200

Secretary & General Enquiries:  
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Travel Officer: Bob Connors  
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Merchant Navy Chapter:  
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